



# Amitriptyline functionally antagonizes cardiac H<sub>2</sub> histamine receptors in transgenic mice and human atria

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## Abstract

We have previously shown that histamine (2-(1*H*-imidazol-4-yl)ethanamine) exerted concentration-dependent positive inotropic effects (PIE) or positive chronotropic effects (PCE) on isolated left and right atria, respectively, of transgenic (H<sub>2</sub>R-TG) mice that overexpress the human H<sub>2</sub> histamine receptor (H<sub>2</sub>R) in the heart; however, the effects were not seen in their wild-type (WT) littermates. Amitriptyline, which is still a highly prescribed antidepressant drug, was reported to act as antagonist on H<sub>2</sub>Rs. Here, we wanted to determine whether the histamine effects in H<sub>2</sub>R-TG were antagonized by amitriptyline. Contractile studies were performed on isolated left and right atrial preparations, isolated perfused hearts from H<sub>2</sub>R-TG and WT mice and human atrial preparations. Amitriptyline shifted the concentration-dependent PIE of histamine (1 nM–10 μM) to higher concentrations (rightward shift) in left atrial preparations from H<sub>2</sub>R-TG. Similarly, in isolated perfused hearts from H<sub>2</sub>R-TG and WT mice, histamine increased the contractile parameters and the phosphorylation state of phospholamban (PLB) at serine 16 in the H<sub>2</sub>R-TG mice, but not in the WT mice. However, the increases in contractility and PLB phosphorylation were attenuated by the addition of amitriptyline in perfused hearts from H<sub>2</sub>R-TG. In isolated electrically stimulated human atria, the PIE of histamine that was applied in increasing concentrations from 1 nM to 10 μM was reduced by 10-μM amitriptyline. In summary, we present functional evidence that amitriptyline also acts as an antagonist of contractility at H<sub>2</sub>Rs in H<sub>2</sub>R-TG mouse hearts and in the human heart which might in part explain the side effects of amitriptyline.

**Keywords** Amitriptyline · Histamine · Inotropy · Chronotropy · Transgenic mice · Human atrium · H<sub>2</sub>-histamine receptor · Phospholamban phosphorylation

## Introduction

Histamine is synthesized by cells, such as mast cells, in many organs of the mammalian body from histidine; histamine can

also be ingested with food and is transported, in part, by thrombocytes via the coronary circulation to the heart (Jutel et al. 2009). Histamine can also be synthesized in the heart (Gergs et al. 2016; Grobe et al. 2016). Histamine has positive inotropic (PIE) and chronotropic effects (PCE), which were initially described in rabbits (Dale and Laidlaw 1910). These effects can be attributed to the stimulation of cardiac histamine receptors. Currently, the effects of histamine are thought to be mediated by four receptors: H<sub>1</sub> receptor, H<sub>2</sub> receptor, H<sub>3</sub> receptor, and H<sub>4</sub> receptor (Jutel et al. 2009). There are regional differences in the actions of histamine or in the utilization of histamine receptors in the mammalian heart. For example, H<sub>1</sub> receptors mediate the PIE of histamine in rabbits probably because they activate phospholipase C (Hattori et al. 1988, 1990, 1991). In the left atrium of guinea pigs, the H<sub>1</sub> receptor mediates the PIE of histamine, while the PCE in the guinea pig right atrium is mediated by the H<sub>2</sub>R; in the guinea pig ventricle, the PIE of histamine is mediated by the H<sub>2</sub>R (Zavec and

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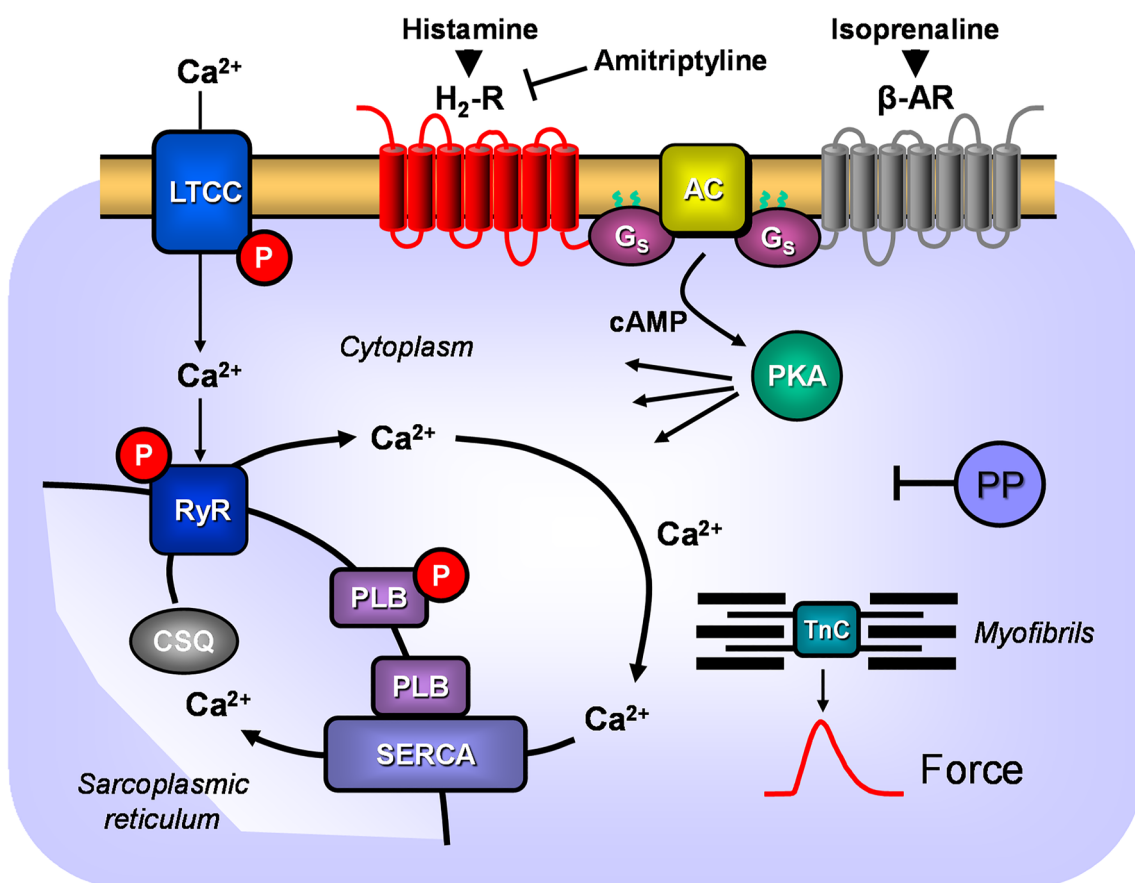
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Levi 1978).  $H_1$  and  $H_2$  receptors have been detected in both human atrium and human ventricle using radioligand binding (Baumann et al. 1982, 1983, 1984), antibodies, and mRNA expression studies (Matsuda et al. 2004).

Cardiac  $H_2$ R have been shown to mediate the PIE of exogenously applied histamine in isolated human cardiac preparations (Genovese et al. 1988; Levi et al. 1981; Sanders et al. 1996; Zerkowski et al. 1993). The PIE in the human heart was accompanied by and, thus, may have been mediated by an increase in 3',5'-cyclic adenosine monophosphate (cAMP) content in human right atrial preparations (Sanders et al. 1996) and the opening of L-type calcium channels (Eckel et al. 1982, Fig. 1). Hence, the mode of action of the  $H_2$ R in the human heart mimics the  $\beta$ -adrenoceptor system in the heart (Fig. 1). Stimulation of  $H_2$ R generates cAMP in the heart, which leads to phospholamban (PLB) phosphorylation ( $H_2$ R-TG, Gergs et al. 2019b).

Interestingly, some psychiatric drugs can act as antagonists on  $H_2$ R, which has been shown using radioactive labelled ligands acting on  $H_2$ R expressed in insect cells by a baculovirus system (Appl et al. 2012), human brain slices (Traiffort et al. 1992) and guinea pig hippocampus and cortex homogenates (Green and Maayani 1977). One study found that the most potent  $H_2$ R antagonist (of psychiatric drugs studied) was amitriptyline with a  $pK_i$  of 7.18 (Appl et al. 2012). Because amitriptyline is such a potent  $H_2$ R antagonist, it was chosen for the present study. The therapeutic plasma concentration of amitriptyline has been reported to be 255–637 nM (Baumann et al. 2004). Hence, it was reasonable to assess whether the in vitro antagonism of human  $H_2$ R by amitriptyline affected cardiac contractility.

Amitriptyline belongs to the class of tricyclic antidepressants (TCAs) and is commonly used as an antidepressant drug or for treatment of neuropathic pain and prevention of migraine. Although the antidepressant effect of amitriptyline is



**Fig. 1** Scheme of a cardiomyocyte: histamine can bind to the  $H_2$  histamine receptor in  $H_2$ R-TG and human atrium; subsequently, the activity of adenylyl cyclase (AC) is augmented in the sarcolemma via stimulatory G-proteins ( $G_s$ ); thereafter cAMP increases, and this activates the cAMP-dependent protein kinase (PKA). PKA increases cardiac force generation and relaxation by increasing the phosphorylation state (P) of the L-type  $Ca^{2+}$  channel (LTCC), phospholamban (PLB), and other regulatory proteins.  $Ca^{2+}$  initiates release of  $Ca^{2+}$  from the sarcoplasmic reticulum where it is usually bound to calsequestrin (CSQ) via ryanodine

receptors (RyR) into the cytosol, where  $Ca^{2+}$  activates myofibrils and leads to increased inotropy. In the diastole,  $Ca^{2+}$  is taken up into the sarcoplasmic reticulum via a sarcoplasmic reticulum  $Ca^{2+}$  ATPase (SERCA), whose activity is higher when the phosphorylation state of PLB is elevated by PKA. The phosphorylation of proteins is reduced by protein phosphatases (PP). The  $H_2$ R can be antagonized by amitriptyline; thus, PLB phosphorylation is not increased, force is not augmented, and relaxation is not hastened. Isoprenaline can stimulate likewise the  $\beta$ -adrenoceptor, which can also be antagonized by amitriptyline

not completely understood, it is known to block the neuronal serotonin transporter and, in part, the neuronal noradrenaline transporter. Studies have shown that, in addition to the H<sub>2</sub>R, amitriptyline blocks many G protein-coupled receptors, including the muscarinic receptors,  $\alpha$ -adrenoceptors,  $\beta$ -adrenoceptors, and H<sub>1</sub> receptors, as well as the sodium and potassium ion channels (Appl et al. 2012; Bylund and Snyder 1976; Owens et al. 1997; Pancrazio et al. 1998; Punke and Friederich 2007; Sánchez and Hyttel 1999; Stanton et al. 1993). Amitriptyline is sometimes used as a sedative, but it is also increasing the action of analgesic drugs in patients with diabetic neuropathy (Punke and Friederich 2007). Regrettably, high doses of amitriptyline are used in suicide attempts (Henry 1997) and toxic plasma concentrations > 4  $\mu$ M have been reported (Preskorn and Fast 1993). The cardiovascular side effects associated with amitriptyline include orthostatic hypotension, atrioventricular conduction delays, tachycardia, syncope, lengthening of the QT interval, and subsequent cardiac arrhythmias (Teschemacher et al. 1999). Overdoses of amitriptyline have also been reported to induce a Brugada-type ST elevation (Bolognesi et al. 1997; Brahmi et al. 2007). Further examples of cardiovascular side effects after amitriptyline overdosing are summarized in Table 1.

Green and Maayani (1977) found that amitriptyline inhibited histamine-stimulated adenylyl cyclase activity in the brain membranes of guinea pigs in a concentration-dependent manner and had in this regard a pA<sub>2</sub> value of 7.23. Another study of an isolated spontaneously beating guinea pig right atrium found that amitriptyline failed to reduce the histamine-stimulated beating rate, although it antagonized the PIE of histamine in the papillary muscles and had a pK<sub>a</sub> value of 6.01 (Angus and Black 1980). These results suggested that amitriptyline had a region-specific effect on H<sub>2</sub>Rs.

The aim of the present study was to determine whether the inotropic and chronotropic effects of histamine in atrial preparations are sensitive to amitriptyline. The atrium from transgenic (H<sub>2</sub>R-TG) mice that were engineered to express a functional H<sub>2</sub>R on cardiomyocytes (Gergs et al. 2019a) and isolated electrically driven atrial strips from the human heart were used in this study. Preliminary reports of this project have been previously published in the form of abstracts (Binter et al. 2020; Neumann et al. 2019).

## Materials and methods

### Transgenic mice

H<sub>2</sub>R-TG mice with cardiac myocyte-specific overexpression of the human H<sub>2</sub>R were generated as described by Gergs et al. (2019a) and compared with their wild-type (WT) littermates as controls. The animals were handled

and maintained according to the approved protocols (I8M9) of the Animal Welfare Committee of the University of Halle-Wittenberg, Germany.

### Contractile studies in mice and human atrial preparations

In brief, the right or left atrial preparations were isolated from H<sub>2</sub>R-TG and WT mice and mounted in organ baths, as described by Gergs et al. (2013, 2017, 2019a) and Neumann et al. (2003). The contractile studies on the human atrium were performed as previously reported (Boknik et al. 2019). The human studies complied with the Declaration of Helsinki and followed the rules of the Ethics Committee of the University of Halle-Wittenberg (hm-bü 04.08.2005) and patients gave informed consent.

### Western blotting

Western blotting, which involved homogenization, protein content measurements, electrophoresis and protein transfer, antibody incubations, and quantification, was performed following our established protocols (Boknik et al. 2018; Gergs et al. 2009, 2019a, b). For the electrophoresis, Novex™ 4–12% Tris-Glycine Plus Midi Protein gels (Invitrogen, Thermo Fisher Scientific, USA) were run for approximately 70 min at 120 V in the NuPAGE MES SDS Running Buffer (Life Technologies, USA) using the Bio-Rad system (Bio-Rad Laboratories, USA). The proteins were then transferred to a nitrocellulose blotting membrane (Amersham™ Protran, GE Healthcare, USA) at 2 A for 2 hours and at 4 °C. The primary antibodies for PLB (Ser16, Badrilla, UK) were incubated at 4 °C overnight. To visualize the phosphorylation of the analyzed proteins, ECF staining (ECF Substrate for Western Blotting, Amersham, GE Healthcare, USA) and a Typhoon 9410 Scanner (GE Healthcare, USA) were used. Quantification was performed using ImageQuant TL image analysis software (GE Healthcare, USA), as described by Boknik et al. (2018). It is typical for phospholamban that if the homogenate of the heart is kept at room temperature, it runs as a pentameric holoprotein of about 27 kDa. In contrast, upon brief elevation in the temperature (“boiling”), it runs as a monomer at less than 10 kDa (Wegener and Jones 1984). This peculiar physicochemical property can be used to identify phospholamban by Western blotting. In other words, the bands which we depicted here as phospholamban are converted to a smaller molecular weight band upon boiling and are still recognized by the phospholamban antibody. This is depicted in a control experiment in the supplementary Fig. 1 (compare also, e.g., Fig. 1, in Neumann et al. 1994).

**Table 1** Examples of acute amitriptyline poisoning in pediatric and adult patients

Amitriptyline dosage (range and/or mean $\pm$ SD)	Amitriptyline plasma concentrations (range and/or mean $\pm$ SD and/or mean)	Main clinical symptoms (with focus on cardiovascular effects)	References
<b>Pediatric patients</b>			
2–97.5; 13.6 $\pm$ 17.7 mg/kg	-	Tachycardia, hypotension	Caksen et al. 2006
2.3–27; 9.4 $\pm$ 5.8 mg/kg	-	Tachycardia, hypotension, QTc prolongation	Olgun et al. 2009
0.9–41 mg/kg	0.13–16.15 $\mu$ g/ml (0.5–58 $\mu$ M)	Fatal intoxication, Tachycardia, arrhythmia, QTc prolongation	Paksu et al. 2014
<b>Adult patients</b>			
100–1000 mg	-	Tachycardia, arrhythmia, QTc prolongation	Paksu et al. 2014
3750 mg	2.39 $\mu$ g/ml (8.6 $\mu$ M)	Fatal intoxication, Tachycardia, hypotension, QTc prolongation, QRS widening	Bolognesi et al. 1997 (case report)
-	180–1560; 430 $\pm$ 74 ng/ml (1.5 $\pm$ 0.3 $\mu$ M)	Tachycardia, hypotension, QRS widening	Langou et al. 1980
25–225; 122.4 $\pm$ 48.2 mg	32–631; 249.7 $\pm$ 149.1 ng/ml (0.9 $\pm$ 0.5 $\mu$ M)	QTc prolongation	Scherf-Clavel et al. 2020
-	0.4 $\mu$ g/ml (1.4 $\mu$ M)	Fatal intoxication	Sunshine and Baeumler 1963
-	3.5 $\mu$ g/ml (12.6 $\mu$ M)	Fatal intoxications	Koski et al. 2005
-	4.3 $\mu$ g/ml (16 $\mu$ M)	Fatal intoxications	King 1982
-	3.3 $\mu$ g/ml (12 $\mu$ M)	Fatal intoxications	Stead and Moffat 1983
-	3.2 $\mu$ g/ml (12 $\mu$ M)	Fatal intoxications	Druid and Holmgren 1997
-	2–20 $\mu$ g/ml (7.2–72 $\mu$ M)	Fatal intoxications	Winek et al. 2001
-	60 $\mu$ g/ml (209 $\mu$ M)	Fatal, suicide or cardiac disease, defective metabolism	Koski et al. 2006
-	29 ng/ml (0.19 $\mu$ M)	Coma: mixed intoxication with dextromethorphan, survived	Forget et al. 2008 (case report: poor CYP2D6 metabolizer)

## Data analysis

The data were evaluated using the method previously reported by our group (Gergs et al. 2013, 2017, 2019b).

## Drugs and materials

Amitriptyline was purchased from Sigma-Aldrich (Deisenhofen, Germany). The source of the other drugs was previously reported (Gergs et al. 2013, 2017, 2019b).

## Results

Left and right atria of mice were prepared and after equilibration the following experimental procedure was conducted: First, a concentration response curve for histamine (1 nM–10  $\mu$ M) was performed; thereafter, histamine was washed out, amitriptyline (1, 3 or 10  $\mu$ M) was added, and a second concentration response curve for histamine was constructed. Finally, the  $\beta$ -adrenoceptor agonist isoprenaline (1  $\mu$ M) was added to test the viability of the preparations (Fig. 2). The last step was necessary especially for WT preparations because histamine did not exert a PIE or PCE in the WT mice (Gergs et al. 2019b). Even though WT controls were performed, data for WT are not shown here because of the above mentioned lack of effects. A typical original recording for H<sub>2</sub>R-TG is shown in Fig. 2b and summarized in Fig. 2c. Our results showed that histamine exerted a PIE in isolated electrically stimulated (1 Hz) left atrial preparations from H<sub>2</sub>R-TG mice; the PIE was concentration and time dependent ( $-\log EC_{50} = 7.4$ ). To demonstrate that the histamine effects are mediated via the H<sub>2</sub>R in H<sub>2</sub>R-TG, an original recording of a concentration response curve shift for histamine by the H<sub>2</sub>R antagonist famotidine is presented (Fig. 2a). Amitriptyline shifted the concentration response curves for histamine to a higher concentration (Fig. 2c); the relationship between the amitriptyline and the histamine was concentration dependent. In the presence of 10- $\mu$ M amitriptyline, the pEC<sub>50</sub> value increased to 6.2, which was significantly higher than the pEC<sub>50</sub> value without amitriptyline.

Moreover, in the left atrial preparations from H<sub>2</sub>R-TG mice, histamine increased the maximum rate of tension development in a concentration-dependent fashion (Fig. 3). The maximum and minimum rate of tension development was not affected by 1- $\mu$ M amitriptyline, but in the presence of 3- $\mu$ M amitriptyline, the pEC<sub>50</sub> value was reduced from the control value of 7.51 to 7.21 ( $p < 0.05$ ) (Fig. 3). Similarly, histamine tentatively increased the minimum rate of tension development in the left atrial preparations in a concentration-dependent fashion with a pEC<sub>50</sub> value of 7.42 which was reduced to 7.28 (not significant) in the presence of 3- $\mu$ M amitriptyline (Fig. 3). In addition, the effect of histamine on

the maximum rate of tension development amounted to a pEC<sub>50</sub> value of 7.18 which was changed to 6.44 ( $p < 0.05$ ) in the presence of 10- $\mu$ M amitriptyline (Fig. 3). Similarly, histamine increased the minimum rate of tension development with a pEC<sub>50</sub> value of 7.19 which was reduced to 6.55 ( $p < 0.05$ ) in the presence of 10- $\mu$ M amitriptyline (Fig. 3).

Histamine shortened the time to peak tension ( $T_p$ ) and amounted a pEC<sub>50</sub> value of 6.83 which was reduced to 6.02 ( $p < 0.05$ ) in the presence of 10- $\mu$ M amitriptyline (Fig. 4). In addition, histamine accelerated the time of relaxation ( $T_r$ ); likewise, this curve was shifted to higher concentrations of histamine in the presence of 10- $\mu$ M amitriptyline (Fig. 4).

Histamine increased the beating rate in the right atrial preparations from H<sub>2</sub>R-TG mice (Fig. 5). The positive chronotropic effect of histamine amounted to pEC<sub>50</sub> values 7.39 and shifted to 6.67 in the presence of 1- $\mu$ M amitriptyline and from 7.24 to 6.36 ( $p < 0.05$ ) with 3- $\mu$ M amitriptyline (Fig. 5). We could not study the effects of 10- $\mu$ M amitriptyline in the right atrial preparations because it consistently caused arrhythmias after application (data not shown).

The previous data were obtained for atrial preparations from H<sub>2</sub>R-TG mice. For comparison, we studied the ventricular function in isolated spontaneously beating mouse hearts (Langendorff preparation). We found that 1- $\mu$ M histamine exerted pronounced effects on the force of contraction in H<sub>2</sub>R-TG but not in WT hearts. However, this effect was nullified in the presence of 10- $\mu$ M amitriptyline (data not shown). At the end of the contraction experiment, 5 min after addition of histamine, hearts were freeze clamped in liquid nitrogen and subsequently we determined whether the contractile changes in the perfused mouse hearts were accompanied by, and possibly caused by, biochemical alterations (compare Fig. 1). We noted that histamine could increase the phosphorylation state of phospholamban (PLB) at serine 16 (Fig. 6, supplementary Fig. 1). This effect was attenuated by additionally applied amitriptyline (Fig. 6, supplementary Fig. 1).

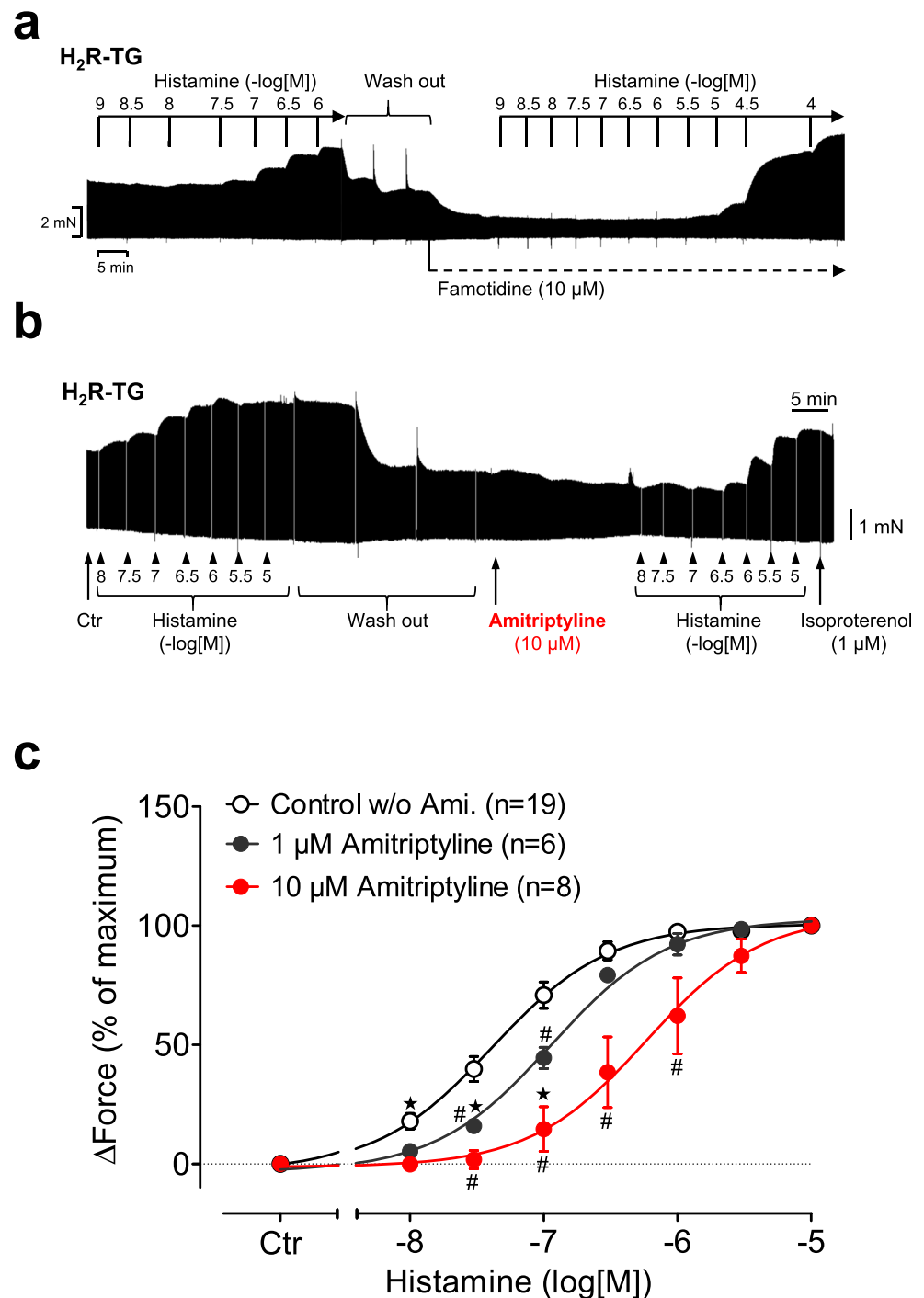
We also studied whether these contractile effects could also occur in the human heart. We found that 10- $\mu$ M amitriptyline shifted the concentration response curve for the force of contraction of histamine in electrically stimulated human right atrial trabeculae carneae to higher concentrations (Fig. 7).

## Discussion

### Right atria

In previous studies, we showed that histamine will elicit a PCE in isolated spontaneously beating right atrial preparations from H<sub>2</sub>R-TG mice (Gergs et al. 2019b, 2020). In the present study, we noted that amitriptyline had a concentration-dependent negative chronotropic effect, which might have resulted from its known antagonism of  $\beta$ -adrenoceptors.

**Fig. 2** **a** Original recording of the force of contraction (FOC) in left atrium from transgenic mice that overexpress the H<sub>2</sub> receptor (H<sub>2</sub>R-TG). First, a concentration response curve for histamine is shown; thereafter histamine was washed out, 10- $\mu$ M amitriptyline was added, and a second concentration response curve for histamine was constructed. Finally, the  $\beta$ -adrenoceptor agonist isoprenaline was added. **b** Effect of histamine alone (open circles) or in the additional presence of 1- $\mu$ M amitriptyline (closed circles) or 10- $\mu$ M amitriptyline (red circles) on the FOC in isolated electrically driven (1 Hz) left atrium of H<sub>2</sub>R-TG. Ordinate: increase in force of contraction in relations to the maximum effect of histamine (=100%). Abscissa: logarithm of histamine concentration. \* indicates first significant difference ( $P < 0.05$ ) vs. Ctr (= pre-drug value); #  $p < 0.05$  versus control w/o amitriptyline

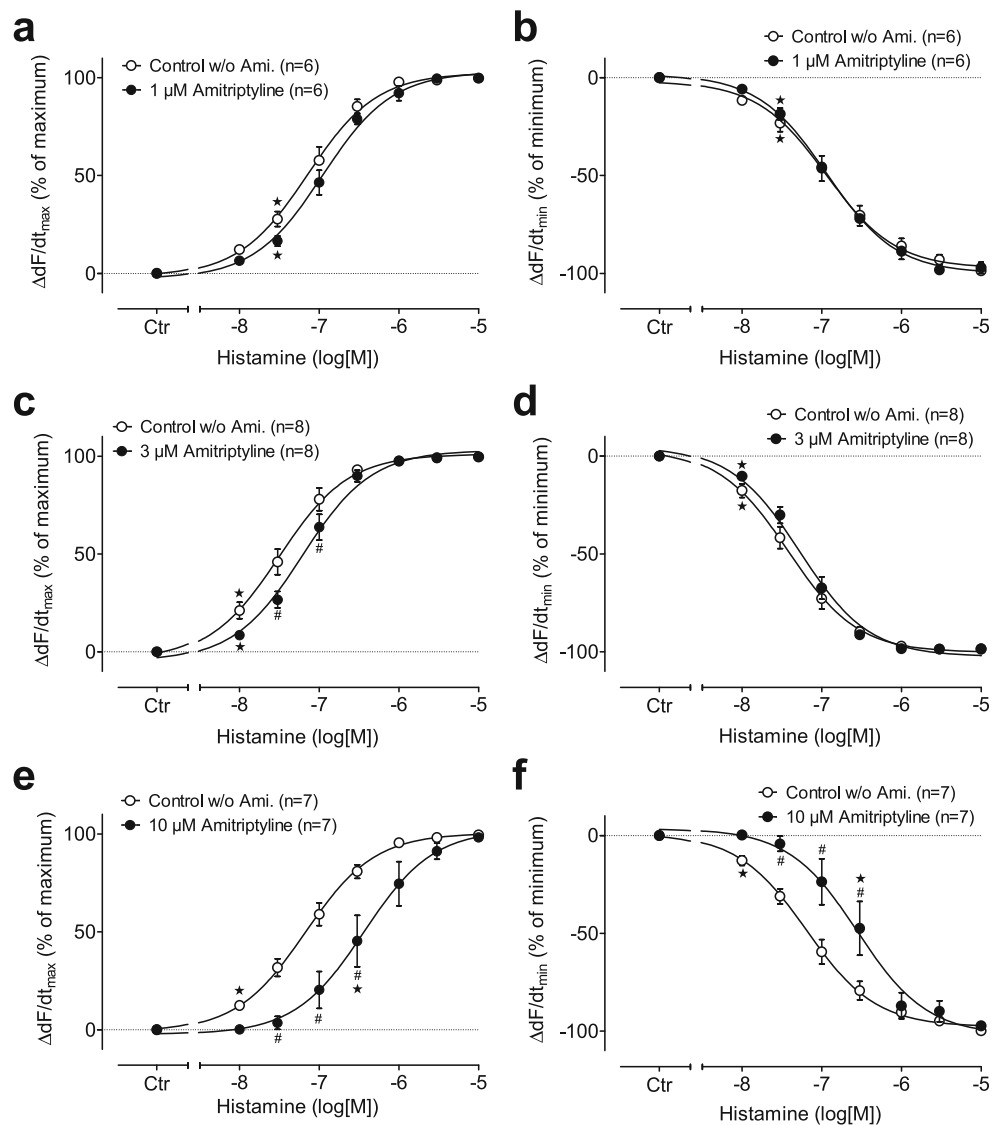


However, in right atrial preparations from H<sub>2</sub>R-TG mice, amitriptyline was able to shift the histamine concentration response curves to the right, which is consistent with the results from an antagonism of human H<sub>2</sub>Rs in the sinus node of the H<sub>2</sub>R-TG mice. Others before us reported that amitriptyline could attenuate the PCE of histamine in right atrial preparations of guinea pig and rabbit (Hughes and Coret 1974).

We noted another result in the right atria that may merit a mention. The isolated hearts from H<sub>2</sub>R-TG and WT mice

showed a pronounced NIE from amitriptyline and several hearts exhibited transient arrhythmias. These results agree with the known propensity of amitriptyline to cause arrhythmias. However, amitriptyline has not yet been studied in mouse hearts. One study on guinea pigs reported that 10- and 32- $\mu$ M amitriptyline reduced the spontaneous beating rate of right atrial preparations, an effect that was explained by the non-H<sub>2</sub>R-antagonizing properties of amitriptyline; however, amitriptyline failed to shift the histamine-induced PCE in

**Fig. 3** Left side (**a, c, e**): effect of histamine alone (open circles) or in the additional presence of 1- $\mu$ M (**a**), 3- $\mu$ M (**c**), or 10- $\mu$ M (**e**) amitriptyline (closed circles) on the maximum rate of force development in isolated electrically driven (1 Hz) left atrium of H<sub>2</sub> histamine receptor overexpressing mice (H<sub>2</sub>R-TG). Ordinate in % of maximum change of force development ( $\Delta dF/dt_{max}$ ). Ctr = basal contraction before drug addition. Right side (**b, d, f**): effect of histamine alone (open circles) or in the additional presence of 1- $\mu$ M (**b**), 3- $\mu$ M (**d**), or 10- $\mu$ M (**f**) amitriptyline (closed circles) on the minimum rate of force development in isolated electrically driven (1 Hz) left atrium of H<sub>2</sub>R-TG mice. Ordinate in % of minimum change of force development ( $\Delta dF/dt_{min}$ ). Ctr = basal contraction before drug addition. Abscissae: logarithm of histamine concentration. \* indicates first significant difference ( $P < 0.05$ ) vs. Ctr; #  $P < 0.05$  versus control w/o amitriptyline

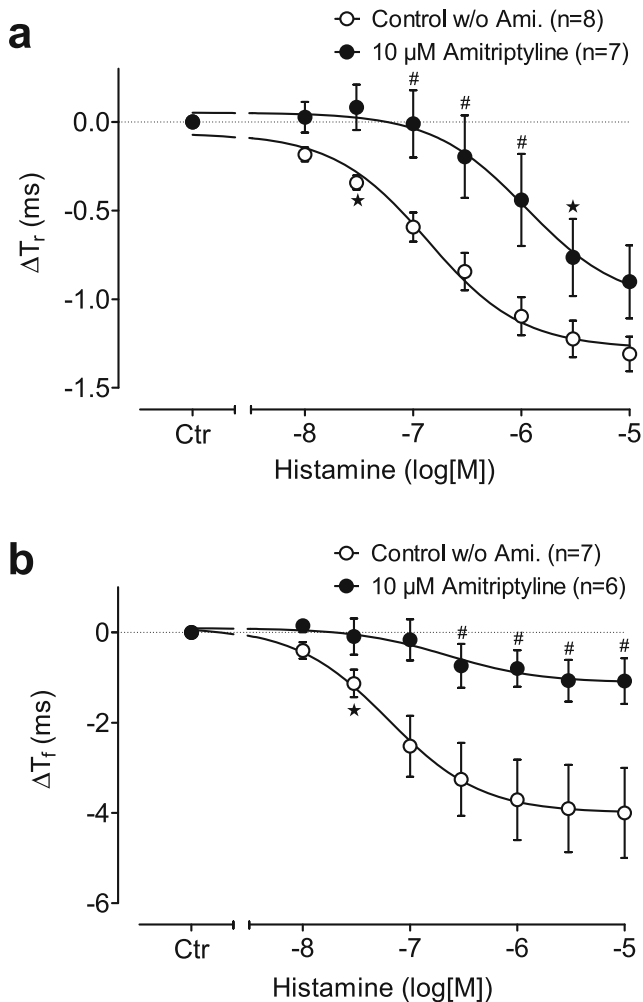


these preparations (Angus and Black 1980). In contrast, 3.6-till 10- $\mu$ M amitriptyline reduced the PCE of histamine in isolated rabbit and guinea pig atrial preparations hearts and amitriptyline exerted a negative chronotropic effect given alone (Hughes and Coret 1974). We would argue that we present the first evidence that amitriptyline antagonizes human H<sub>2</sub>R in the right atrium.

### Left atria

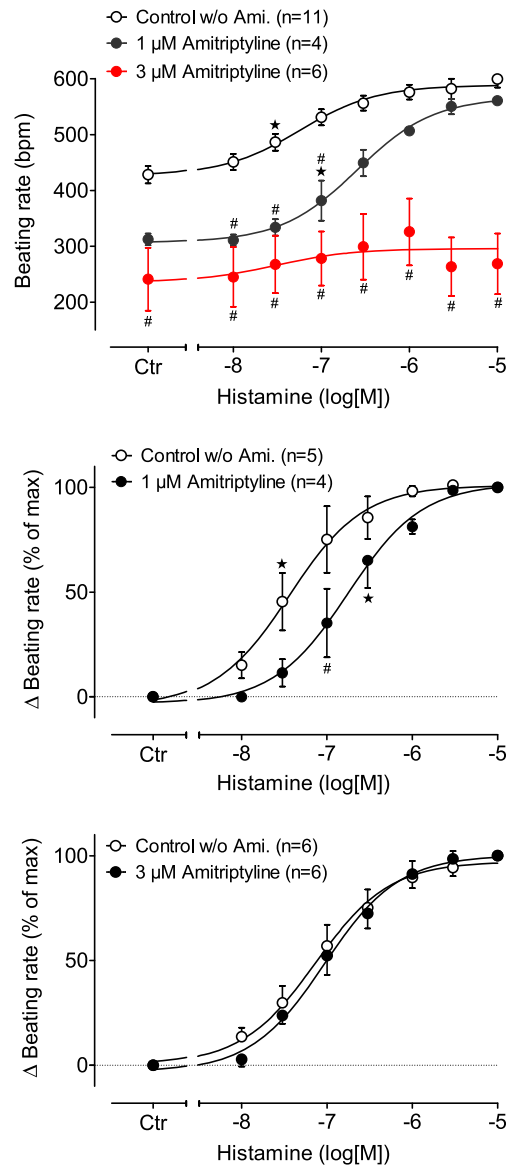
We noticed that amitriptyline caused a small NIE in left atrial preparations from H<sub>2</sub>R-TG mice. This could be due to the blockade of sodium channels that has been reported for amitriptyline (Dick et al. 2007). Impairment of sodium entry would be expected to activate the sodium–calcium exchanger, which would cause sodium to be pumped into the cell in exchange for calcium. This is consistent with a NIE, which is the reason why class I antiarrhythmic agents are

contraindicated in patients with systolic heart failure. A patch-clamp experiment showed that amitriptyline also blocked L-type calcium channels with an IC<sub>50</sub> value of 23.2  $\mu$ M, which would also in part explain the NIE of amitriptyline (Zahradník et al. 2008). It is clear that, in the left atrial preparations, histamine caused the contractile parameters, including force, the first derivative of force, time to peak tension, and time of relaxation, to shorten. This is consistent with our previously published work (Gergs et al. 2019b, 2020). Moreover, in our previous studies, we demonstrated that the effects of histamine we detect in H<sub>2</sub>R-TG are really due to H<sub>2</sub>R occupation. There, we could show that the positive inotropic effects of histamine in atrial preparations from H<sub>2</sub>R-TG are antagonized by the H<sub>2</sub>R antagonist cimetidine (1, 3, 10  $\mu$ M; Gergs et al. 2019b). These data are in line with the famotidine effect presented here. The novel finding was that amitriptyline attenuated the contractile effects in a concentration-dependent way.



**Fig. 4** **a** Effect of histamine alone (open circles) or in the additional presence of 10-μM amitriptyline (closed circles) on the change of shortening in time to peak tension ( $T_r$ ) in isolated electrically driven (1 Hz) left atrium of H<sub>2</sub> histamine receptor overexpressing mice (H<sub>2</sub>R-TG). Ordinate: change in  $T_r$  in milliseconds (ms). Ctr = basal  $T_r$  before drug addition. **b** Effect of histamine alone (open circles) or in the additional presence of 10-μM amitriptyline (closed circles) on the change of shortening in time of relaxation ( $T_r$ ) in isolated electrically driven (1 Hz) left atrium of H<sub>2</sub>R-TG mice. Ordinate: change in  $T_r$  in milliseconds (ms). Ctr = basal  $T_r$  before drug addition. Abscissae: logarithm of histamine concentration. \* indicates first significant difference ( $P < 0.05$ ) vs. Ctr; #  $p < 0.05$  versus control w/o amitriptyline

Another unexpected finding was that the PIE of isoprenaline, a  $\beta$ -adrenoceptor agonist, was also attenuated by amitriptyline. At the end of the experiment, we stimulated the samples from the WT and H<sub>2</sub>R-TG mice with isoprenaline to ascertain that the samples from the WT mice were responsive to  $\beta$ -adrenergic stimulation and, thus, were a valid control. In this experiment, we needed at least 100-μM isoprenaline to detect a PIE in the atria of the WT and H<sub>2</sub>R-TG mice. This result was consistent with receptor binding data that showed that amitriptyline had a  $\beta$ -adrenoceptor-antagonizing effect in the brain (Richardson and Hertz 1983; Sánchez and



**Fig. 5** Effect of histamine alone (open circles) or in the presence of 1-μM (closed circles) or 3-μM (red circles) amitriptyline in isolated spontaneously beating right atrium of H<sub>2</sub>R-TG. Ordinate: beating rate in beats per minute. Abscissae: logarithm of histamine concentration. \* indicates first significant difference ( $P < 0.05$ ) vs. Ctr (= pre-drug value); #  $p < 0.05$  versus control w/o amitriptyline

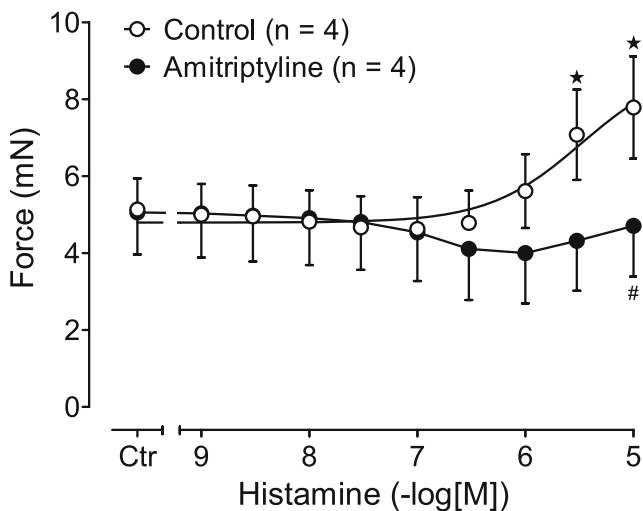
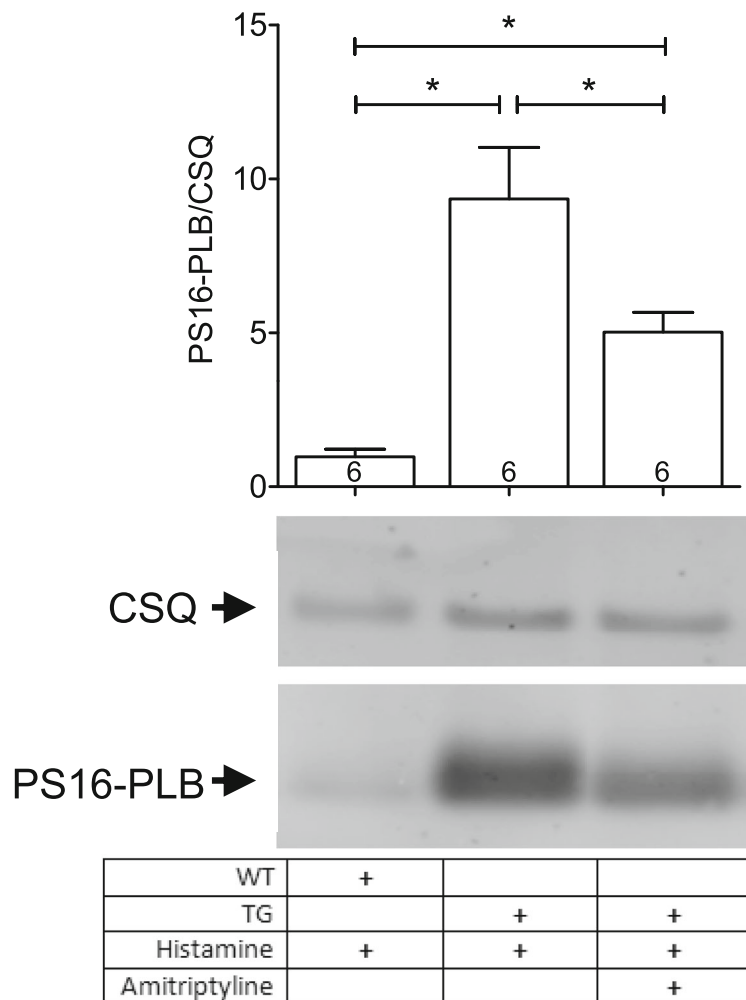
Hyttel 1999). The clinical relevance of this finding is unknown and speculative but might be determined by clinical groups in the future.

### Langendorff hearts

As mentioned in the “Introduction” section, there are regional differences in the density and coupling of H<sub>2</sub>R in the heart. We have previously reported that in the H<sub>2</sub>R-TG mouse model, the PIE and PCE of histamine are noticeable in Langendorff hearts and are accompanied by PLB phosphorylation (Gergs et al. 2019b). Likewise, positive inotropic



**Fig. 6** Western blot analysis of phospholamban (PLB) phosphorylation at serine 16 in Langendorff hearts from H<sub>2</sub>R-TG and WT mice perfused with histamine (1 μM) alone or in the combined presence with amitriptyline (10 μM). Calsequestrin (CSQ) was used as loading control. Ordinate: ratio of serine 16 phosphorylation of PLB and CSQ. \**p* < 0.05 vs indicated group. The numbers in the bars indicate the numbers of experiments. More details are shown in supplementary Fig. 1.



**Fig. 7** Effect of histamine alone (control, open circles) or in the additional presence of 10-μM amitriptyline (closed circles) on the force of contraction (FOC) in isolated electrically driven (1 Hz) human atrial preparations. Six preparations from four patients were used. \**p* < 0.05 vs. Ctr (= pre-drug value); #*p* < 0.05 versus control w/o amitriptyline

ventricular effects of histamine in Langendorff hearts were antagonized by cimetidine (Fig. 4d in Gergs et al. 2019b). One interpretation of this result was that it showed that histamine used the cAMP–PKA–PLB pathway in H<sub>2</sub>R-TG. In the present study, we found that amitriptyline not only attenuated the PIE of histamine but also the PLB phosphorylation due to histamine, which indicated that amitriptyline can also antagonize functional H<sub>2</sub>Rs in the mammalian ventricle. These findings confirmed and extended previous data in guinea pig ventricle (Angus and Black 1980). For example, amitriptyline was able to shift the histamine-induced PIE to the right because of its competitive antagonistic effect on the ventricular H<sub>2</sub>Rs in guinea pigs (Angus and Black 1980). However, other studies showed that the guinea pig papillary muscles contain H<sub>2</sub> receptors and H<sub>1</sub> receptors that can elicit an NIE (Zavecz and Levi 1978). Therefore, our data are more unambiguous than data in guinea pig ventricles because there are no functional H<sub>1</sub> receptors in H<sub>2</sub>R-TG mice (Gergs et al. 2019b) in contrast to guinea pig ventricles (Zavecz and Levi 1978).

## Human atria

We predicted that amitriptyline would also antagonize endogenous human cardiac H<sub>2</sub>Rs. Therefore, we performed contraction experiments on human atrial samples. Previous studies have repeatedly shown that histamine elicits a PIE in an isolated human atrium (see the “Introduction” section). In this study, we found that the PIE of histamine in electrical stimulated right atrial trabeculae carneae could be attenuated by amitriptyline. We also noted that high concentrations of isoprenaline, such as 100- $\mu$ M isoprenaline, were needed to elicit a PIE in human atrial preparations when amitriptyline is present in the organ bath. This was consistent with our data on left atrial preparations of H<sub>2</sub>R-TG and with previous binding data (see the “Introduction” section). To the best of our knowledge, the antagonistic effect of amitriptyline in the human heart on histamine-induced effects had not been previously reported.

## Limitations of the study

We were unable to study the effects of amitriptyline in human ventricular tissue because of a lack of available samples in our institution. We await such data with interest. There is also a question about the clinical relevance of our findings. Some contractile effects were noticeable with 1- $\mu$ M amitriptyline, while other effects were only significant with 10- $\mu$ M amitriptyline. The highest therapeutic level of amitriptyline given to psychiatric patients was 637 nM, which is not vastly different from 1  $\mu$ M. Hence, small effects of amitriptyline on H<sub>2</sub>Rs might be apparent in properly treated patients. In a series of fatal intoxications associated with suicidal intentions in Finland, median concentrations of 12.6- $\mu$ M amitriptyline were reported (Koski et al. 2005). Therefore, we argue that our findings are of toxicological relevance. Moreover, toxic plasma levels of amitriptyline might be reached even at normal dosages. Amitriptyline is metabolized mainly in the liver by cytochromes like CYP2D6, but also by CYP1A2, CYP2C9, CYP2C19, CYP3A4, and CYP3A5 (Samer et al. 2013). In a fatal intoxication with loss of functional CYP2D6 gene, a blood concentration of 60 mg/l (216  $\mu$ M) was reported (Koski et al. 2006) and drugs that impair the degradation of amitriptyline have been reported to lead to intoxication (Forget et al. 2008). The data on plasma concentrations of amitriptyline and accompanying signs of intoxication are combined in Table 1 for better reference.

In summary, for the first time, we showed that amitriptyline can antagonize the contractile effects from the stimulation of a human cardiac H<sub>2</sub>R. We showed these effects in a H<sub>2</sub>R-TG mouse model, as well as in human cardiac atrium.

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## Declarations

**Conflicts of interest** The authors declare that they have no conflicts of interest.

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